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SERVING THE PROFESSIONAL PILOT

Conditions Aviation Medical Examiners Can Issue (CAEI) – Colitis

In order to maintain your Federal Aviation Administration (FAA) Medical Certification for your underlying diagnosis of Colitis, you must submit updated medical information on an annual basis that reviews your diagnosis, treatment, and clinical stability.

Please provide this document to your treating physician and request that they provide medical documentation (in the form of an office note or summary letter) that addresses the following:

- Specific diagnosis, and comment on clinical stability of condition under treatment, (primary cause Crohn's Disease, Ulcerative Colitis, or Irritable Bowel Syndrome)
- Presence or absence of symptoms and/or signs of the condition (fatigue, mild diarrhea, mild abdominal pain or cramping etc.),
- List any surgical procedures within the last six weeks
- List of treating medications, with dosages, and specific mention that you have no side-effects from these medications:
 - Oral steroid that does not exceed equivalent of prednisone 20 mg/day
 - Imuran or Sulfasalazine
 - Mesalamine (5-aminosalicylic acid such as Asacol, Pentasa, Lialda, etc.)
 - Steroid foams or enemas/budesonide enema
 - Loperamide less than or equal to 16 mg a day and no side effects
 - Hyoscyamine-use 1-2 times weekly with no side effects and no-fly 48 hours after use
 - Infliximab use of hyoscyamine greater than 2 times weekly

Alternatively, your treating healthcare provider may complete the information below:

Patient name: _____ DOB: _____

Diagnosis: _____

Treatment medications: _____

Side-effects from treatment: _____

Comments regarding current clinical status with mention of presence of absence of symptoms of Colitis:

Healthcare provider signature

Date signed

Printed name with degree