

Hypertension Worksheet

The Examiner must review a current status report by the treating physician and any supporting documents to determine the applicant's eligibility for certification. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue.

| AME MUST REVIEW | ACCEPTABLE CERTIFICATION CRITERIA |
|--|---|
| Treating physician finds the condition stable on current regimen for at least 2 weeks and no changes recommended | <input type="checkbox"/> Yes |
| Symptoms | <input type="checkbox"/> None |
| Blood pressure in office | <input type="checkbox"/> Less than or equal to 155 systolic and 95 diastolic (Although 155/95 is acceptable for certification, the airman should be referred to their primary provider for further management, if the blood pressure is above clinical practice standards) |
| Acceptable medication(s) | <input type="checkbox"/> Combinations of up to 3 of the following: Alpha blockers, Beta-blockers, ACE inhibitors, calcium channel blockers, angiotensin II receptor antagonists, and/or diuretics are allowed NOT acceptable: Centrally acting antihypertensives |
| Side effects from medications | <input type="checkbox"/> No |

AME MUST NOTE in Block 60 one of the following:

- Airman meets certification criteria for hypertension.
- Airman had a previous Special Issuance for this condition and now meets the regular issuance certification criteria for hypertension.
- Airman does NOT meet certification criteria for hypertension. I have deferred this exam. (Mail the supporting documents to FAA identifying which criteria were not met.)